



PLEASE COMPLETE & FAX TO: (803) 630- 1529  
OR E-MAIL FORM TO: [bettersleepbydesign@gmail.com](mailto:bettersleepbydesign@gmail.com)

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REFERRAL FORM

PATIENT'S FULL NAME \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_

ADDRESS \_\_\_\_\_

\*PHONE NUMBER(S) CELL \_\_\_\_\_ OTHER \_\_\_\_\_

\*EMAIL ADDRESS \_\_\_\_\_

REFERRING PHYSICIAN'S NAME: \_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_ FAX: \_\_\_\_\_

PHYSICIAN'S EMAIL ADDRESS: \_\_\_\_\_

TAX ID: \_\_\_\_\_ NPI: \_\_\_\_\_

INSURANCE NAME: \_\_\_\_\_

POLICY #: \_\_\_\_\_

GROUP #: \_\_\_\_\_

**PRESCRIPTION FOR AT-HOME SLEEP TEST**

**PATIENT'S HISTORY & PRESENTING SYMPTOMS**

- Snoring
- Witnessed Apnea
- Morning Headaches
- Daytime Sleepiness
- Nocturia
- Fatigue
- Obesity (BMI: \_\_\_\_\_ )
- Diabetes
- Hypertension
- Other: \_\_\_\_\_

**SUSPECTED DIAGNOSIS:**

- Obstructive Sleep Apnea (OSA)
- Insomnia
- Excessive Daytime Sleepiness
- Restless Legs Syndrome (RLS)
- Narcolepsy
- Snoring
- Other: \_\_\_\_\_

CURRENT CPAP User YES OR NO

PREVIOUS CPAP User YES OR NO

Last Sleep Test Date (if applicable): \_\_\_\_\_

TESTING CONSULTATION & TREATMENT MANAGEMENT

(Once the study is completed, a Board-Certified Sleep Physician will review the Results and Better Sleep By Design will Review with the patient at a consultation appointment after the study.)

PHYSICIAN'S SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_